



BLUE HEART
community care

Personal Care and In-home Support



Personal Care and In-Home Support Blue Heart Community care support specialist will Support you to keep your home the way you like by assisting with household tasks. Our support specialist can also assist you to learn new skills, increase your independence in your own environment.

This may include assistance,

- ✚ Personal care
- ✚ Household Assistance
- ✚ Assistance with Medication
- ✚ Assistance with Meal Preparation
- ✚ Companionship
- ✚ Attending appointments

In Home Support enables you to live a more independent life and for that will work with you to arrange supports at the time that suits you best.